Mountain Bike Trails In The Mt. Hood Area

The Mt. Hood Area is fast becoming a mountain biking mecca! Options range from kid-friendly, and intermediate trails through old growth forests, to gnarly downhill flow trails and lift assisted mountain biking areas. There are trails for every skill level!

Explore trails at:
- Sandy Ridge
- Government Camp
- Skibowl

Find information on:
- Where to download free bike trail maps and descriptions to your computer or phone.
- Local bike rentals and repairs
- Lodging, shopping and dining options
- Visitor information centers

BIKE RENTALS
- Otto’s Ski Shop
  www.ottosskishop.com (503) 668-5947
  38716 Pioneer Boulevard, Sandy
- Mt. Hood Adventures
  www.mthoodadventure.com (503) 715-2170
  88335 E. Government Camp Loop Rd. Government Camp
- Mt. Hood Adventure Base Camp Location
  (844) 200-7348 73208 E. Hwy 26, Rhododendron
- Mountain Sports
  www.mtnsportsonhood.com/summer.php (503) 622-3120
  68200 E. Hwy 26, Welches
- Hurricane Bike Rentals at Skibowl
  www.hurricaneracingoregon.com (503) 272-0240
  87000 E Hwy 26 Government Camp

BIKE REPAIRS
- Hurricane Bike Rentals Skibowl – see above
- Mountain Sports (basic repairs) – see above
- Mt. Hood Bicycles
  www.mthoodbicycle.com (503) 622-0672

LODGING DINING SHOPPING
- www.mthoodchamber.com
- www.mounthoodinfo.com
- www.mthoodterritory.com

INFORMATION AND SHUTTLES
- Mt. Hood Forest Information Center - Zigzag
  www.fs.usda.gov/mthood (503) 622-3191
  70220 E. Hwy 26, Zigzag
- Mt. Hood Museum and Cultural Center
  www.mounthoodinfo.com (503) 272-3301
  85900 E. Hwy 26, Government Camp
- Mt. Hood Express
  www.mthoodexpress.com (503) 668-3466

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Cover Photo: © Üma Kleppinger
Overview

The Sandy Ridge Trail System, just east of Sandy, is managed by the BLM and offers over 15 miles of single-track trail ranging from beginner flow trails to narrow technical trails with exposure. The trails are accessed by riding 3 miles up paved Homestead Road.

Trailhead Directions

From the east side of Sandy, head east on US Highway 26 (Mount Hood Highway) for 11.4 miles. Turn left on Sleepy Hollow Dr. following the brown sign for the Sandy Ridge Trailhead. NOTE: This will be the second turn-off for Sleepy Hollow Rd. Once on Sleepy Hollow, go 0.3 miles and turn right on E. Barlow Trail Rd and go over the Sandy River. After 1 mile on E. Barlow Trail Rd, look on the left for the Sandy Ridge trailhead.

More Information

Visit www.mtbproject.com/directory/8011553/sandy-ridge-trail-system for current trail maps, descriptions and rating information that can be downloaded to smartphones and computers.

Government Camp Trail System

Overview

The National Forest trail system around Government Camp totals over 26 miles of easier and intermediate mountain bike trails, connecting to Timberline Lodge, Trillium Lake and Rhododendron.

Trailhead Directions

From the town of Sandy, head 27 miles east on Highway 26 to the town of Government Camp. There are five trailheads in the area around town with additional trailheads at Timberline and Trillium Lake.

More Information

Visit www.mtbproject.com/directory/8011635/government-camp-trail-system for current trail maps, descriptions and rating information that can be downloaded to smartphones and computers.

<table>
<thead>
<tr>
<th>Trail Name</th>
<th>Miles</th>
<th>Rating</th>
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<tbody>
<tr>
<td>a. Crosstown</td>
<td>2.8</td>
<td></td>
</tr>
<tr>
<td>b. Summit</td>
<td>2.2</td>
<td></td>
</tr>
<tr>
<td>c. Timberline to Town</td>
<td>5.5</td>
<td></td>
</tr>
<tr>
<td>d. Camp Creek Loop</td>
<td>1.6</td>
<td></td>
</tr>
<tr>
<td>e. Lucy’s</td>
<td>0.2</td>
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<tr>
<td>f. Maggie’s</td>
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<td>g. Skiway</td>
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<td>h. Wally’s</td>
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<tr>
<td>i. Pioneer Bridle</td>
<td>8.2</td>
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<tr>
<td>j. Barlow Trail</td>
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<tr>
<td>k. Barlow to Trillium</td>
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<td>l. Trillium Bike</td>
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<tr>
<td>m. Trillium Lake Loop</td>
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Legend

- Scale: varies by map
- BIKERS MUST YIELD TO ALL HIKERS!